



Volunteer Position: Activity Coordinator

Position Location: Amethyst House (4124 50 Ave)

Purpose: To support residents of Amethyst House by initiating and supporting activity days/nights.

Tasks (subject to change):

- Determine the game/activity you would like to coordinate
- Confirm with volunteer coordinator and Amethyst House supervisor
- Advertise and then run the activity
- *Activity examples: bingo, puzzles, card games, art & crafts, etc.*

Training and Supervision

- Volunteer orientation
- Job specific training
- CMHA Central Alberta staff will always be nearby to assist as needed

Mission Statement

The Canadian Mental Health Association is a non-profit organization promoting community wellness and supporting people with mental illness, brain injury, and addictions. Based on community needs, staff and volunteers accomplish this through recovery focused support, education, and advocacy.

Our Goals

- To advocate for the best possible care, rehabilitation, and recovery for individuals
- To promote best practices based on current research
- To promote mental health and wellness through education